

*Vincentia Schroeter*

## Letter from the Editor



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# Letter from the Editor

Welcome to the 27<sup>th</sup> volume of *Bioenergetic Analysis*. We have five articles to read in an effort to create inspiration, offer information, and hopefully create dialogue that furthers the growth of psychotherapy in general and somatic psychotherapy in particular.

One thing all papers have in common is addressing the therapeutic relationship in the most modern terms. Patrizia Moselli's article is on intersubjectivity, as she ties in newer concepts that validate Lowen's early ideas about clinical focus. Scott Baum discusses containment and delves deeply from both a personal and professional view into the dynamics of the therapeutic relationship. Homayoun Shahri covers traumatic memory, including neuroscience aspects and includes clinical vignettes that concern the therapeutic relationship. At the 2016 PDW (Professional Development Workshop) for Bioenergetic therapists seeking to advance in the field, I was privileged to be on the faculty along with Helen Resneck-Sannes and Joerg Clauer. I very much enjoyed working with them and supporting our enthusiastic participants in their growth. Two of the presentations were so interesting that I asked the authors to turn them into papers to be considered for this journal. Both papers cover countertransference (CT), an important aspect of the therapeutic relationship. While Fina Pla reviews the evolution of CT within Bioenergetics, Ingrid Cryns, also includes CT as she presents in depth on BPD (borderline personality disorder). To submit a paper for 2018 please send it before September 1<sup>st</sup>, 2017.

I want to thank the authors, who worked hard, sometimes preparing multiple drafts, in order to bring their best efforts to you as the reader. People who were supporters of the authors and/or reviewers include Laura Partridge, Tarra Stariell, Virginia Hilton, Jörg Clauer, Bob Lewis, and my dynamic and tireless editing team: Maê Nascimento and Margit Koemeda. Maê and Margit also do double duty and translate abstracts. Other abstract translators include Sylvia Nunez, and Maria Rosario Filoni. Thank you for your contributions. This volume will be translated into French by a number of French-speaking colleagues from France,

Belgium as well as French-Canada, overseen by Claudia Ucros. The plan is to have this volume translated into French in time for our next Bioenergetic conference.

The next IIBA conference, in May 2017, is on the 60<sup>th</sup> anniversary of the founding (1957) of the institute by Dr. Alexander Lowen. The conference will take place in Toronto, Canada and will be on the theme of “reflecting back and looking forward”. It will be a great mix of keynotes, workshops and social interacting with colleagues from around the world.

I hope you enjoy this collection of articles and find them a useful contribution to your thinking, both as a therapist interested in the therapeutic relationship and as a Bioenergetic analyst interested in looking for inspiration in your clinical work.

*Vincentia Schroeter, PhD*  
San Marcos, CA. USA. November 20, 2016