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Letter from the Editor



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Letter from the Editor

Welcome to the 30th year and 25th volume of the publication of *Bioenergetic Analysis*, the clinical journal of the IIBA. Past editors invite you to read their tales of producing this product in the opening essay. In this letter I will encourage writing and reading for the IIBA journal, introduce a new change, summarize the articles in this volume, promote attendance at the next IIBA conference, and share my gratitude toward others.

Publishing an article:

If you have a research project, philosophical point of view, or new clinical perspective to add to the dialogue within Bioenergetics and toward the broader psychological community, the journal is a forum to express your ideas. Papers are accepted between June 1st to September 1st, then anonymously peer reviewed, and revised before the entire volume is sent to the publisher December 1st of each year.

Reading:

Maybe a clinician has a break between clients, picks up the journal and reads an article. This brings fresh ideas to the forefront of their brain and inspires them to pay attention to this theme in a way that provides a new lens and may contribute to the next clinical session in their office. I have been inspired by many an article, which renews my excitement and commitment to the work we do.

New Change:

As we continue to grow and diversify as a community, the journal also changes. The BOT has decided that the entire 2015 volume will be translated into Portuguese. Each year after that, a new language will be chosen and the journal will be translated into that language. This global expansion deepens the work among individuals and spreads knowledge to a wider community.

Summary of Articles:

Authors hail from Germany, Italy and the USA, providing a variety of interesting topics. In “Body and Body Psychotherapy in the Global Village”, Heflerich continues the dialogue with Nascimento’s theme from her paper last year on engaging Bioenergetically with the present time in history. Heinrich-Clauer presents neurobiological findings on the somatic effects of resonance and provides Bioenergetic self-care techniques for therapists. Bedrosian shares a wealth of information comparing three styles and many techniques in working energetically with couples. Cardezza explores the emotion of shame and feeling ridiculous in relation to the physical aspects of Bioenergetic therapy. Finally, Fauser provides an in depth study of pre- and perinatal issues in Bioenergetic Analysis, complete with rich and disturbingly convincing case examples.

2015 IIBA Conference: “Fear of Love Fear of Life”

The next IIBA conference is on August 19–23, 2015, in beautiful Porto de Galinhas, Pernambuco, Brasil. It is really beautiful and the hotel is right on the beach.

Here is an ad from the conference committee inviting you to attend:

“Join us for the opportunity to reflect and dialogue about the origins and motives of our feelings of fear, which prevent us from living fully with joy, and prevent us from establishing safe and loving bonds. Come participate in this International Conference where there will be space for different views and experiences on the theme, integrating mind-body work as an agent of change in personal and family relationships, social issues, ecology, neuroscience and psychosomatics.

Enjoy the following benefits of attendance:

- Enjoy peer-to-peer networking and knowledge sharing.
- See beautiful Recife and Porto de Galinhas, Brazil.
- Learn what is happening in other parts of the world regarding BA.
- Explore what creative and innovative things your fellow bioenergetic therapists are doing.
- Find out how BA is evolving in other parts of the world, outside your society, country, and region.

Let yourself truly become part of the Global Community of the IIBA. Create new partnerships. This conference is in Brazil only once every 6 years, so don’t miss out! Register now if you haven’t already. On top of all of this we will have a great time dancing and enjoying meeting new friends!”

iibaconference.org/registration-fees/

Appreciations:

As you enjoy this volume, I would like to thank some of the helpers. First, thank you to all the authors, including past editors for their contributions of content. The trio of editors is back, so I had Margit Koemeda and Maê Nascimento sharing the job with me this year. Reviewers included the editors as well as Tarra Stariell. I would like to acknowledge those who translated abstracts. They were Slyvia Nunez, Fina Pla, Maria Rosaria Filoni, Guy Tonella, Louise Frechette, Violaine de Clerk, and Ulla Sebastian. I would like to send a special thank you to 7 year old, Lucianna Ying, who painted the fishes you see on the cover. I met her when I was invited to introduce Bioenergetics in Hong Kong. She is the daughter of a student attending the 5 day workshop, which I presented in June, 2014. As Bioenergetics newly expands into Asia, enjoy the photo of bright-faced Lucianna, the cover artist for this 25th volume of *Bioenergetic Analysis*.

Vincentia Schroeter, PhD
Escondido, Ca. USA
November 13th, 2014

