

Vincentia Schroeter

Letter from the Editor



Bioenergetic Analysis

24. Volume, No. 1, 2014, Page 7–9

Psychosozial-Verlag

DOI: [10.30820/0743-4804-2014-24-7](https://doi.org/10.30820/0743-4804-2014-24-7)



Submissions for consideration for the next volume of *Bioenergetic Analysis* must be sent to the editor (vincentiaschroeter@gmail.com) between June 1st and September 1st, 2014.

Bibliographic information of Die Deutsche Nationalbibliothek (The German Library)
The Deutsche Nationalbibliothek lists this publication in the Deutsche Nationalbibliografie;
detailed bibliographic data are available at <http://dnb.d-nb.de>.

2014 Psychosozial-Verlag GmbH & Co. KG, Gießen, Germany
info@psychosozial-verlag.de
www.psychosozial-verlag.de



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License (CC BY-NC-ND 4.0). This license allows private use and unmodified distribution, but prohibits editing and commercial use (further information can be found at: <https://creativecommons.org/licenses/by-nc-nd/4.0/>). The terms of the Creative Commons licence only apply to the original material. The reuse of material from other sources (marked with a reference) such as charts, illustrations, photos and text extracts may require further permission for use from the respective copyrights holder.

Cover design & layout based on drafts by Hanspeter Ludwig, Wetzlar

<https://doi.org/10.30820/0743-4804-2014-24>
ISBN (PDF-E-Book) 978-3-8379-6799-9
ISBN (Print) 978-3-8379-2372-8
ISSN (Online) 2747-8882 · ISSN (Print) 0743-4804

Letter from the Editor

Dear Reader,

Welcome to the 24th volume of *Bioenergetic Analysis*, the Clinical journal of the IIBA. This volume contains eight papers. Five of those papers are based on workshops that were given by the authors at the stimulating International Bioenergetic Conference held in beautiful Torre Normana in Palermo on the island of Sicily in 2013. Three of the papers are from Brazil, which reflects the growing involvement and influence of our South American Portuguese colleagues. The first paper, “Present Dilemma” concerns the effects of modern times on the society and individual. I attended the workshop on this topic in Sicily and found the cervical and lumbar touch technique very interesting, so be sure to read about it at the end of the article.

The second submission is a short interview of venerated International trainer emerita, Eleanor Greenlee. She speaks clearly and simply about her core values in her long career as a Bioenergetic Therapist. The third paper discusses many theories in the examination of developmental trauma and has an exposition of polyvagal theory. The fourth paper is on the phenomena of yawning. The author points to many interesting and modern views of the function of yawning, which debunk some old myths and provide fascinating new material. This author also gave a well-received workshop in Sicily. The fifth paper in this volume provides an inside view of working Bioenergetically within social clinics in Brazil, and the adaptation from a regressive to more progressive model involved in the development of the clinical program. The sixth paper reviews what Bioenergetic authors have written about attachment theory and compares modern attachment therapy with Bioenergetic Analysis, including case material. The seventh paper is an examination of current views of chronic pain, including a treatment technique designed by the author. Both these (6 and 7) papers were given as workshops in Sicily also. Finally, the eighth paper is an older one from the 1990’s,

that I asked the author to submit because it explores the value of Core Energetics in the exploration of negativity in our work. Reviewers heartily agreed with its value.

I want to thank all the reviewers for this volume. Some papers were meticulously attended to with detailed and valuable comments. I was able to utilize up to three or four anonymous peer reviewers on some papers. They generously gave their time. The authors were receptive to reviewer suggestions for revisions.. Reviewers or consultants on some papers for this volume were my co-editor, Margit Koemeda, as well as Maê Nascimento, Vita Heinrich-Clauer, Angela Klopstech, Helen Resneck-Sannes, Phil Helfaer, John Conger, Ruth Newton, and Tarra Stariell.

There was much activity in the background job of translation this year and I would like to highlight that task in this letter. We had a sad death that occurred just last month. I have relied on the volunteer help of a group of colleagues to translate our abstracts into French, Portuguese, Italian, Spanish and German. France Kauffman, who for years has provided English to French translations, not only for the journal, but also for the French community in Bioenergetics, died in the presence of her husband and children recently. We offer our sincerest condolences to her family for their loss and to her friends and colleagues in the South of France as well. With gratitude, we dedicate this volume in memory of France Kauffman.

The consequence of no longer having France Kauffman to rely on made me reach out to the French community. Even though they were in grief, Violaine de Clerk, Guy Tonella and Louise Frechette, with only a few weeks notice, were able to fill in and translate the abstracts into French by the deadline. I am very grateful to them for this service that interrupted their busy schedules.

Also, in Portuguese, I had the help of many people: I want to thank Odila Weigand, Maê Nascimento, and Leia Cardenuto, who translated their own and also other papers. A new helper, Sylvia Nunez, translated all Spanish papers. Rosaria Filoni efficiently provided all Italian translations. Many German native speakers divided the task of translating from English to German. Thomas Heinrich translated his own abstract, while Jörg Clauer, Margit Koemeda, and Bob & Barbara Lewis translated the other papers. I want to thank all these people for this task, which offers an opportunity for non-English speakers to read an abstract in their language. If intrigued by the material they can search within their community to translate the entire article on their own.

We present this edition at a time when the general psychotherapeutic community has been led into the neuroscience of the brain and many have become interested in affect regulation, either through mindfulness or other direct affective techniques. This is a good time for them to look our way, as we have a treasure trove of modern relational body-oriented techniques that are congruent with much of what is trending in the psychotherapeutic community at this time. For both the general psycho-

therapeutic and the Bioenergetic community, this volume presents some classic and modern views including theoretical and clinical material for thoughtful examination. Please enjoy these papers.

Sincerely,

Vincentia Schroeter, PhD, CBT, MFT
Encinitas, California
USA
December 1, 2013