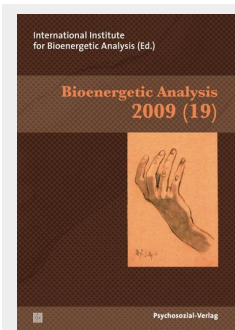


*Vincentia Schroeter*

## Letter from the Editor



### **Bioenergetic Analysis**

19. Volume, No. 1, 2009, Page 7–8

Psychosozial-Verlag

DOI: [10.30820/0743-4804-2009-19-7](https://doi.org/10.30820/0743-4804-2009-19-7)



Bibliographic information of Die Deutsche Nationalbibliothek (The German Library)  
The Deutsche Nationalbibliothek lists this publication in the Deutsche Nationalbibliografie;  
detailed bibliographic data are available at <http://dnb.d-nb.de>.

2009 Psychosozial-Verlag GmbH & Co. KG, Gießen, Germany  
[info@psychosozial-verlag.de](mailto:info@psychosozial-verlag.de)  
[www.psychosozial-verlag.de](http://www.psychosozial-verlag.de)



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Cover image: Max Klinger: *Handstudie* (1916)  
Cover design & layout based on drafts by Hanspeter Ludwig, Wetzlar

<https://doi.org/10.30820/0743-4804-2009-19>  
ISBN (PDF-E-Book) 978-3-8379-7449-2  
ISBN (Print) 978-3-8379-2022-2  
ISSN (Online) 2747-8882 · ISSN (Print) 0743-4804

# Letter from the Editor

## In this Issue

Dear Colleagues,

Welcome to the 19<sup>th</sup> volume of the journal for the International Institute for Bioenergetic Analysis.

The first two papers in this volume provide a scholarly examination of an issue. The first is a thorough review of what is meant by the term “body” from different points of view both inside and outside Bioenergetics, particularly psychoanalysis. Angela Klopstech clarifies complex concepts and by so doing helps open communication and enrich the dialog between various schools of thought. The second paper revisits the controversial diagnosis of Borderline Personality Disorder outside and particularly inside Bioenergetics, with new ideas posed for consideration. It ends with techniques to work with Borderline issues within a Bioenergetic clinical practice.

This makes a bridge into the next two papers, which are more clinical in nature and are concerned with techniques for different populations. Ben Shapiro’s paper finds new uses for some of his containing and expressing techniques and provides original work in “rekindling pleasure” with a partner. Dennis McCarthy, who had been in supervision with Alexander Lowen, provides a paper full of cases focusing on his work with anger in children.

The next three papers move us into the area of academia, with a paper on supervising students and then two papers by students. The role of supervi-

sion within Bioenergetics is explored by Alex Munroe. He examines issues valuable for clinical supervisors within and beyond training and provides useful cautions and techniques.

The final two papers represent a new area in the IIBA journal related to academia. I thought it might be of interest to the broader community to see what level of work is being done within the IIBA approved certification programs. Both of these papers, which were assigned in training, were chosen for their open examination of the writers' countertransference issues with a difficult case. These papers illustrate a commitment to exploring countertransference issues in training, in therapy, and in supervision. This in turn points to the integrity within the training programs when it comes to demanding an advanced level of self-actualization before allowing a student to graduate and become a Certified Bioenergetic Therapist.

I hope you enjoy these varied papers. For next year, 2010, I would like to invite Bioenergetic therapists certified in the first wave of the beginning of Bioenergetics from the years 1957 to 1979 to provide papers for the journal. A suggested format is the following: What I have gotten from Bioenergetics (including an optional, "story about me and Al Lowen"); What I have given to Bioenergetics (including an optional, "one of my favorite Bioenergetic techniques and how I use it"). I think these papers from some of the early leaders in our movement will enrich the rest of us, provide generativity, and give us a glimpse into our heritage, which seems all the more poignant at this time when we have recently buried our esteemed founder.

I want to thank my editorial staff, Margit Koemeda and Maê Nascimento as well as Helen Resneck-Sannes, Ulrich Sollman and Scott Baum for reviewing these articles. Thank you for your close attention to these papers as well as your useful comments. Finally, I thank the authors for their contribution to our field and with them I wish you an enjoyable time reading these articles.

Sincerely,

Vincentia Schroeter, PhD, CBT, MFT  
Carlsbad, California, USA  
November 30, 2008